



SUPERVISOR EDUCATION

EDUCATION IS PREVENTION. PREVENTION SAVES LIVES.



Marijuana and Opioids

Drug and alcohol misuse and abuse are critical issues in the United States. Two drug families stand out in communities and workplaces: marijuana and opioids.

Both marijuana and opioid use can affect driving and can potentially cause accidents and injuries. In a recent highway safety survey, virtually all respondents noted drugged driving is a problem and the majority rated the problem equal to or greater than driving under the influence of alcohol. States must find effective strategies to combat these growing issues that impact public safety.

In addition to state actions, employers must act as well. Continued education is required for driver safety and awareness. Ongoing drug and alcohol education in the workplace is of paramount importance. Messaging can be simple:

- Add drug-impaired driving messages to monthly safety meetings.
- Include cognitive impairment training for safety-sensitive employees to promote awareness.
- Include specific education to the two drug families of concern: marijuana and opioids.
- Provide local resources for staff to get substance abuse help, if needed.
- Continue to maintain the federally required random testing program as a true deterrent in your workplace.
- Continue to let your team know that legal doesn't always mean safe when marijuana and opioids are in one's system operating a commercial motor vehicle.

DOT QUICK TIP

Random Testing Rates

Be on the lookout for updates to 2019 FMCSA random testing rates.

